



## turning managers into leaders

### Merge's Monthly Mega Minute – January 2003

Welcome to **Merge's Monthly Mega-Minute** - a bite-sized, yet substantial and practical, nugget of information that you can use immediately to enhance your professional and personal success.

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*Merge Gupta-Sunderji helps turn managers into leaders. Through engaging keynotes and facilitated workshops, she gives people specific and practical tools to achieve leadership and communication success. Contact her at [www.mergespeaks.com](http://www.mergespeaks.com) or 403-605-4756*

### Get up and get it yourself!

If you're like many people, you'll probably make a few New Year's resolutions. If you've sworn off resolutions (because you can't seem to keep them), deep inside, there's probably still something that you really want - some measure that defines success, on your terms.

Consider the story of a recent immigrant to the country, who for the very first time, went to a cafeteria for lunch. Not accustomed to the workings of a cafeteria, he sat down at an empty table, and waited for someone to come and take his order. And not surprisingly, no one did. Noticing his confusion, a woman with a tray of food sat down and proceeded to explain the system to him. "They're not going to bring it out to you. You have to go and get it yourself. Go to the beginning, and then just walk along and make your choices." Sensing that he was still hesitant, she encouragingly added, "Don't worry, it's easier once you're up there."

In much the same way, no matter how you define success, remember that achieving your goals is like going to a cafeteria. You'll never get what you want if you wait for someone to bring it to you. You have to get up and get it yourself! And yes, the lady was right, it does get easier once you get started!