



turning managers into leaders

Merge's Monthly Mega Minute – September 2005

Welcome to **Merge's Monthly Mega-Minute** - a bite-sized, yet substantial and practical, nugget of information that you can use immediately to enhance your professional and personal success.

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Merge Gupta-Sunderji helps turn managers into leaders. Through engaging keynotes and facilitated workshops, she gives people specific and practical tools to achieve leadership and communication success. Contact her at www.mergespeaks.com or 403-605-4756

What you can learn about success from sharks

You probably know that sharks breathe using their gills. As fresh water passes in to the shark's mouth and over the gills, this animal's unique aquatic physiology allows it to absorb oxygen from the water and send it to life-sustaining organs. In fact, a shark's very survival depends upon the constant movement of fresh water through its respiratory system, and there are only two ways that this can happen. Depending on the species, the shark must either continuously move forward in order to ensure a constant fresh supply of water, or if standing still, it must pump water over its gills using its own muscles.

Whichever approach the shark utilizes, both offer a profound message to humans: in order to survive, it is necessary to move forward and take action. The shark cannot afford to stay motionless and do nothing, else it will die. A human being cannot afford to stay static and do nothing, else, at least figuratively, it too will die. In order to succeed and to excel, it is necessary to constantly move forward and take action. As you seek to achieve your best in both your professional and personal lives, you too must constantly strive to move forward: to learn more, to teach more, to make a greater difference in the lives of others. Only then will you truly be successful.