



## turning managers into leaders

### Merge's Monthly Mega Minute – January 2011

Welcome to **Merge's Monthly Mega-Minute** - a bite-sized, yet substantial and practical, nugget of information that you can use immediately to enhance your professional and personal success.

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*Merge Gupta-Sunderji turns managers into leaders. Through engaging keynotes and facilitated workshops, she gives people specific and practical tools to achieve leadership and communication success. Contact her at [www.mergespeaks.com](http://www.mergespeaks.com) or 403-605-4756*

### Pits or seeds?

“If life is a bowl of cherries, what am I doing in the pits?” groaned a good friend.

“Why, what’s the matter?” I asked.

“Oh, I’m in a dead-end job going nowhere, and I just got passed over for yet another promotion. I think it’s time for me to dust off my resume, sharpen my skills, and get the word out that I’m looking for a new challenge.”

It occurred to me that perhaps it’s not such a bad thing to feel like your life is in the pits. You see, pits are really seeds, just with an outer stony covering. And if things in your professional or personal environment get bad enough, it may just be exactly the motivation you need to break open that pit and expose the seed. Once that seed is uncovered, the opportunities are endless. With the right soil, moisture and nutrients, and just a little bit of care and concentration, the seed can grow into something new, healthy, vibrant and exciting.

As we kick off a new year, this is the perfect time to stop and consider what is getting in the way of you achieving your professional and personal goals. Just like my friend is using his disappointment as his inspiration to get his dream job, this is also your perfect time to crack open your “pits” and use the seeds to grow your desired goals and dreams.

Get going!