Merge's Monthly Mega Minute – August 2002

Welcome to Merge's Monthly Mega-Minute - a bite-sized, yet substantial and practical, nugget of information that you can use immediately to enhance your professional and personal success.

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Merge Gupta-Sunderji helps turn managers into leaders. Through engaging keynotes and facilitated workshops, she gives people specific and practical tools to achieve leadership and communication success. Contact her at www.mergespeaks.com or 403-605-4756

For an effective meeting, try this radical technique!

We've all attended the meeting from hell. You know the one -- this is the meeting that has no apparent purpose, goes on and on, and usually comes to no visible conclusion. If there is an agenda, it's often hidden. The chairperson is sometimes ineffective, or even worse overbearing. The attendees either aren't interested, or even worse, all have an opinion.

There is a possible solution, but be prepared, it's falls under the category of "pretty radical"! Hold a "wall meeting". A "wall meeting" has only 2 rules. Rule #1: no coffee, no donuts. Wait, it gets even more revolutionary! Rule #2: everyone at the meeting must stand up against the wall, that's right -- no sitting, for the entire duration of the meeting.

Pretty radical, yes, but from experience, I can tell you that these meetings are some of the most efficient that I've ever attended. People at the meeting remain focused and attentive, and agenda items are addressed and resolved in record time! Take it from a person who's attended her fair share of meetings from hell!