Merge's Monthly Mega Minute – February 2004

Welcome to Merge's Monthly Mega-Minute - a bite-sized, yet substantial and practical, nugget of information that you can use immediately to enhance your professional and personal success.

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Merge Gupta-Sunderji helps turn managers into leaders. Through engaging keynotes and facilitated workshops, she gives people specific and practical tools to achieve leadership and communication success. Contact her at www.mergespeaks.com or 403-605-4756

Be a quark!

If you went to school around the time I went to school, you probably learned that the proton, neutron and electron were the smallest particles in matter. Of course, today, quantum physics has shown us that matter consists of even smaller particles - muons, taus, quarks, and antiquarks, to name just a few - none of which can be seen under even the most powerful microscopes. In fact, the only way to see these elementary particles is to pass them through cloud chambers at high speed. At high speeds, these particles ionize the air along their tracks, leaving trails of electrically charged air molecules behind them and it is these trails that are visible to the human eye. In other words, the presence of these subatomic particles is known only by their effect on the other particles around them.

It's much the same with human beings. Our greatest presence is not through our very existence, but by our effect on the people around us. Leaders, are you charging up the people around you, or are you simply existing in your own space? Your electrical light bulb will shine only when you create electricity in others around yourself. Think about what you can do today to charge someone up. Perhaps a pat on the back, perhaps a thank you, perhaps even an additional level of responsibility. Go out and be a quark!