Merge’s Monthly Mega Minute – June 2013

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Merge Gupta-Sunderji turns managers into leaders. Through engaging keynotes and facilitated workshops, she gives people specific and practical tools to achieve leadership and communication success. Contact her at www.mergespeaks.com or 403-605-4756

Dogs don't bark at parked cars

A professional colleague is understandably very proud of certain significant successes that he has recently achieved in several areas of his business. However, as he told a group of us several weeks ago, his one disappointment is that someone whom he considered to be a good friend has publicly criticized and disparaged his recent accomplishments. He believes that this reaction is driven by envy and spite, and he is, not surprisingly, frustrated and saddened by his so-called friend's actions.

"You know, in the Bahamas we have a saying," said one of our group sitting at the table. "Dogs don't bark at parked cars." As we all looked up with interest, he explained further. "You never see a dog chasing a parked car, do you? The only reason you are a target for this person is because you are making giant strides and going to winning places! If you weren’t climbing to great heights, then there would be no reason for him to try and knock you down. Take his malicious actions as a compliment and as an affirmation of your success."

Wise words indeed! It got me thinking about similar workplace situations where I have seen people get upset and hurt by gossip and back-biting. Perhaps this phrase is all they need to help them put things back in perspective. What about you? Have you experienced such situations? Please share online at my blog at www.mergespeaks.com/blog.